

How to Live a Meditative Life Retreat October 24th, 2010

Full Name:

Guest:

How did you hear about us?

Please make checks to **Newport Beach Healthy Living**
Please send this form along with a check for \$129.00/ person to

Mailing address:
Newport Beach Healthy Living
2436 W. Coast Hwy, Suite 103
Newport Beach, CA 92663

Must give 30 days in advance to cancel reservations for a full refund

Directions to the Center of Spiritual Development:

434 South Batavia Street
Orange, CA 92868-3907
(714) 744-3175

From Beyond Southern California Areas

Airports

Orange County's John Wayne Airport is nearest the Center, just a short drive away. Other area airports within a reasonable distance include: Los Angeles International, Long Beach and Ontario airports.

FROM JOHN WAYNE AIRPORT

Take the 55 freeway north to the 22 freeway west. Exit at Main Street (La Veta), turn left off of the exit to Main Street. Right on Main Street to Stewart Drive. See "From Main Street" below.

From Southern California Areas

FROM LOS ANGELES:

Take the 5 freeway south to the 22 freeway east. Exit immediately on Main Street (Town & Country). Turn right off of the exit to Main Street. Right on Main Street to Stewart Drive. See "From Main Street" below.

FROM SOUTH LOS ANGELES

Take the 91 freeway east to the 5 freeway south to the 22 freeway east. Exit immediately on Main Street (Town & Country). Turn right off of the exit to Main Street. Right on Main Street to Stewart Drive. See "From Main Street" below.

FROM LONG BEACH

Take the 405 freeway south to the 22 freeway east. Past the 5/22/57 interchange, exit immediately on Main Street (Town & Country). Turn right off of the exit to Main Street. Right on Main Street to Stewart Drive. See "From Main Street" below.

FROM POMONA

Take the 57 freeway south to the 22 freeway east. Exit immediately on Main Street (Town & Country). Turn right off of the exit to Main Street. Right on Main Street to Stewart Drive. See "From Main Street" below.

FROM SAN BERNADINO

Take the 91 freeway west to the 55 freeway south to the 22 freeway west. Exit at Main Street (La Veta), turn left off of the exit to Main Street. Right on Main Street to Stewart Drive. See "From Main Street" below.

FROM SAN DIEGO

Take the 5 freeway north to the Main Street exit, just before the 22/57 interchange. Turn right on Main Street. See "From Main Street" below.

From Main Street In Orange

Turn right on Stewart Drive. Turn left into the parking structure, marked as "Hospital Visitors." The structure serves as parking for area buildings including St. Joseph Hospital and the Center for Spiritual Development. CSD will validate your parking.

From the Parking Structure

CSD is located to the east, or left, of St. Joseph Hospital. Walk through the park area to the left and enter through the single gate in the long white wall. The gate is immediately to the left of the Center for Spiritual Development sign. Once through the gate, the main lobby entrance to the Center is around the sidewalk to the left, approximately 20 feet from the corner of the building.